**Micros and Pre-Micros Rules**

**Team Size:** 5 players vs. 5 players on one field, no goalie

**Goal Size:** Pre Micro- 6ft pop-up goal

Micro- 4ft x 6ft goal

**Ball:** Size 3

**Length of Game** : The match shall be divided into (2) two equal, twenty (20) minute halves. There shall be a half-time interval of (5) five minutes, teams switch ends at halftime.

**Substitutions**: Substitutions are allowed at any dead ball (out of bounds or whistle).

**Referee**: Coaches referee the games. Referees will explain infractions to players as they occur.

**Kick- off:** These will start each half, and after either team scores a goal. This is a free kick and not a drop ball.

**Throw-ins:** Throw-ins are used when a ball goes out of play.

**Goal Kick**: Goal kicks happen when the offensive team is the last to touch the ball before it crosses the end line. Goal kicks may be taken from any point near the goal area. Opposing players must be behind the half line until the ball is in play.

**Corner kick**: When the defending team kicks the ball across the end line, a corner kick will be taken at the corner closest to where the ball was kicked out. Opposing players must be (4) four yards away from the ball until it is kicked.

**No Slide Tackling**: Slide tackling in ANY form is not allowed at this age.

**No Headers:** Heading the ball in any form is not allowed.

**No offsides**: No offsides will be called at this age level.

**No goalies**: No goalies or guarding of the goal will be allowed at this age.

**Score**: We do not keep score at this age. Coaches should work to prevent blowouts by reducing players on the field, if needed.

**Playing Time**: Coaches should work hard to give players equal playing time.

**Equipment** : Each player will wear shin guards. Cleats are optional.

**Spectators**: In an effort to reduce confusion and keep kids safe, during all games teams and coaches will sit on one side of the field, with spectators on the opposite side of the field.

**Background checks**: in an effort to protect our kids, all coaches, assistants and parent helpers (18 years and older) who are on the field with kids for **any** amount of time, need to complete a background check through OYSA. There is a link in the form on the Canby United Soccer Website. www.canbysoccer.org